



## GLUTEN & DAIRY FREE NOTES FOR THE MENU



### SHARING NIBBLES

- CHARCUTERIE PLATTER HAM, SALAMI, CHORIZO, THE CHICKEN PARFAIT IS MADE WITH BUTTER & WE HAVE GLUTEN FREE BREAD (GF) 12/18  
BAKED CAMEMBERT & BREAD, GARLIC AND ROSEMARY IT CAN COME WITH GLUTEN FREE BREAD INSTEAD IF ASKED FOR (GF) 15.95  
BREAD AND OLIVES IT CAN COME WITH GLUTEN FREE BREAD INSTEAD IF ASKED FOR (GF & DF) 4.50  
GARLIC BREAD IT CAN COME WITH GLUTEN FREE BREAD INSTEAD IF ASKED FOR BUT NOT AS GOOD AS THE ORIGINAL (GF) 4.50  
CHICKPEA HUMMUS AND BREAD IT CAN COME WITH GLUTEN FREE BREAD INSTEAD IF ASKED FOR (GF) 4.95



### APPETISERS



- CORNISH OYSTERS -6 ROCK OYSTERS ON THE HALF SHELL 18 - PERFECT DISH FOR NON SEAFOOD ALLEGIES (GF & DF) DOZEN FOR 30  
CORNISH MUSSELS MARINIERES ASK FOR NO CREAM OR GLUTEN FREE BREAD (GF & DF)  
WHITEBAIT FISH SPRATS DUSTED AND FRIED "FRIES WITH EYES ..." (DF)  
GARLIC PRAWNS WHOLE IN GARLIC & OLIVE OIL WITH BREAD £9.50 OR £18 (GF & DF)  
ONION SOUP CHEESE MELTED ON TOASTED CROUTONS BEEF STOCK USED ASK FOR NO GLUTEN CROUTONS . (GF)  
AVOCADO PRAWN WITH SALSA MARIE ROSE SAUCE GLUTEN AND DAIRY FREE (GF & DF)  
CHICKEN LIVER PARFAIT - SMOOTH YUMMY PATE WITH BREAD SORRY MADE WITH BUTTER AND YOU CAN ASK FOR GLUTEN FREE BREAD (GF)  
DEVILLED KIDNEYS ON FRIED BREAD WE CAN USE GLUTEN FREE BREAD IF NEEDED (GF & DF)



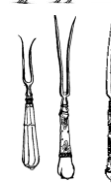
### GRANDMOTHER'S COOKING OLD FASHIONED COMFORT FOOD

- FISH AND CHIPS, HADDOCK SERVED WITH TARTARE SAUCE & MUSHY PEAS SMALLER PORTION £12 PERFECT DISH FOR (GF & DF)  
SEAFOOD FISH PIE POTATO AND PARMESAN CHEESE SORRY BUTTER NO GO- CHEESE IN THE DISH WITH GLUTEN IN THE BECHAMEL (GF)  
CORNISH MUSSELS MARINIERES SAUCE CREAMY WHITE WINE AND SHALLOT SAUCE WITH BREAD ASK FOR NO CREAM OR GLUTEN FREE BREAD (GF & DF)  
LIVER & BACON AVOIDING GLUTEN? THEN ASK FOR LIVER NOT TO BE DUSTED IN FLOUR AND ASK FOR GF GRAVY. (GF & DF) 80/32/30  
PORK SAUSAGES AND MASH AVOIDING DAIRY? THEN ASK FOR CHIPS INSTEAD OF MASH AND NO BUTTER FRIED ONIONS. (GF & DF)  
ROASTED PORK BELLY WITH RED CABBAGE, BUBBLE & SQUEAK AND APPLE SAUCE THIS IS DELICIOUS BUT YOU CANNOT HAVE IT DAIRY FREE. (GF & DF) 21.95  
LAMB KING HENRY ROASTED LAMB SHOULDER WITH MASHED POTATOES AND VEGETABLES. ASK FOR GF GRAVY. (GF & DF) 21.95  
CHEESEBURGER - BEEF WITH EMMENTAL CHEESE, PICKLE, TOMATO, LETTUCE, SAUCE IN A BUN WITH CHIPS ASK FOR A GF BUN (GF & I)



### SALADS

- CHICKEN CAESAR SALAD PARMESAN CHEESE (GF)  
GRILLED GOAT'S CHEESE ON ROASTED VEGETABLE & DRESSED SALAD LEAVES (GF)  
SALMON NIÇOISE TOMATOES, EGG, OLIVES, AND DRESSED SALAD (GF DF)  
WE COULD MAKE A PLAIN CHICKEN SALAD TO AVOID DAIRY OR GLUTEN



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#### SIDE DISHES £4.95

- CHIPS (GF & DF) / MASHED POTATOES (GF) /  
BUBBLE & SQUEAK (GF & DF) / RED CABBAGE (GF) /  
MUSHY PEAS (GF & DF) / GREEN CABBAGE (GF & DF) /  
SIDE MIXED SALAD (GF & DF) / TOMATO & ONION  
SALAD (GF & DF)

#### LOCAL BELTIE BEEF STEAKS

- BUCKINGHAMSHIRE BELTED GALLOWAY BEEF RAISED IN THE CHILTERN  
HILLS (GF & DF)  
CÔTE DE BOEUF - 1KG 80  
RIB STEAKS 100Z 300G 30  
SIRLOIN STEAKS 100Z 300G 32



10% OF SERVICE CHARGE IS INCLUDED AND KINDLY APPRECIATED BY ALL TEAM MEMEBERS.  
SEE GREAT BRITISH PUDDING MENU